

# MAKING-MONEY-WEBSITE.COM Ebook and Manual Reference

## MAIN STREET VEGAN EBOOKS 2019



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Hollywood celebrities are doing it. Corporate moguls are doing it. But what about those of us living in the real world—and on a real budget? u003cbr /u003eu003cbr /u003eAuthor and holistic health practitioner Victoria Moran started eating only plants nearly thirty years ago, raised her daughter, Adair, vegan from birth, u003cbr /u003eu003cbr /u003eand maintains a sixty-pound weight loss. In u003ciu003eMain Street Veganu003c/iu003e, Moran offers a complete guide to making this dietary and lifestyle shift with an u003cbr /u003eu003cbr /u003eemphasis on practical "baby steps," proving that you don't have to have a personal chef or lifestyle coach on speed dial to experience the physical u003cbr /u003eu003cbr /u003eand spiritual benefits of being a vegan. This book provides practical advice and inspiration for everyone—from Main Street to Wall Street, and u003cbr /u003eu003cbr /u003eeverywhere between. u003cbr /u003eu003cbr /u003e"Finally, a book that isn't preaching to the vegan choir, but to the people in the pews—and the ones who can't fit in those pews. This is a book for the Main Street majority who aren't vegans. Once you read this, you'll know it's possible to get healthy and enjoy doing it—even if you live in Paramus or Peoria."—u003cbu003eMichael Mooreu003c/bu003e u003cbr /u003eu003cbr /u003e"A great read for vegans and aspiring vegans."—u003cbu003eRussell Simmonsu003c/bu003e u003cbr /u003eu003cbr /u003e"Yet another divine gift from Victoria Moran. Main Street Vegan covers it all—inspiration, information, and out of this world recipes. This book is a gem."—u003cbu003eRory Freedman, co-author Skinny Bitch u003cbr /u003eu003cbr /u003e"Main Street Vegan is exactly the guide you need to make changing the menu effortless. Victoria Moran covers every aspect of plant-based eating and cruelty-free living, with everything you need to make healthy changes stick."—u003cbu003eNeal Barnard, MDu003c/bu003e, president, Physicians Committee for Responsible Medicine, and u003ciu003eNY Timesu003c/iu003e bestselling author of u003ciu003e21-Day Weight Loss Kickstart u003cbr /u003eu003cbr /u003e"u003cbr /u003eu003cbr /u003eA great book for anyone who's curious about veganism. It shows that not all vegans are weirdos like me."—u003cbu003eMobyu003c/bu003e

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